


2026 Smile Port program

W Events held every week
R Reservation required


Consultation	Fun event with kids	Events for Dads	Events for Non Japanese
Chat time	Childrearing Support System	Fun with Books	Others

W **R** **Psychotherapist consultation day (Private session)**




Psychotherapist will listen and provide you advise and information about your concerns and anxiety in parenting. You can talk in the play area or in a private room.

W **R** **Nursery Concierge consultation day (Private session)**



The Nishi ward's nursery/education concierge will come and talk about what you'd like to know about nursery, day care, Kindergarten etc..

"Mother's Hello Work" workshop
employment support center for mums & dads
About work style for mums and dads
You can consult a Navigator from "Mother's Hello Work".
The content include life planning, returning to work after maternity leave, working styles, etc.



Chat time! for grandparents



Learn and chat about the parenting today, how to hold babies etc...

Suitable for:
Grandparents, to-be grandparents, care supporters in the community.



W **R** **Smile Debut day ~for to-be moms and dads~**



For families new to Smile Port. Come on the day and we will guide you around the facility.

※Families coming to Smile Port for the first time are welcome to come on other days beside the Debut day.




R **Smile Mirai day ~for to-be moms and dads~**



Come to Smile Port and chat with the staffs and families and get connected!! We will give you tips on how to bathe and carry a newborn baby.

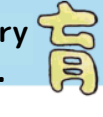


W **R** **Midwife consultation day (Group followed by private session)**




Feel free to ask questions. Anything from breast feeding, parenting skills, your physical concerns, etc. Expectant moms/dads are also welcome!

R **"Raising children is fun!" Come and chat with the nursery head teacher. Let's have fun.**




Feel free to ask any questions you have. Priority goes to family with children before entering kindergarten, and family living in Nishi Ward.

R **Consultation day for those concerned about their child's development**




You can consult the staffs from Yokohama City Central Community Rehabilitation Centre about any concerns you have about your children with developmental disability or difficulties.

Smile☆Chat Time



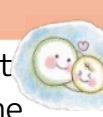
Chat time for families that have children with concerns about developmental disability or difficulties.

R **Chat Time for families with children that need support**




This is a chat time for families of children born with the disease to exchange information with other families. Chat with other families about daily life, physical developments, kindergarten, school etc.

R **Event for Single parents**




Join the Single Parent Support Yokohama events and chat time with other single mothers and single fathers..

W **R** **Guidance day for Yokohama Childrearing Support System**




For families wishing to leave their children with a childcare provider, a volunteer support in the community. Held twice a month. You can have your children looked after at Smile Port. Registration is necessary after joining the guidance.



Reservation from here

R **Nutritionist consultation day (Group session)**



Come and ask and share questions and concerns you have. When/How to start baby's food... Date will differ according to the stage of solid food.

R **Chat time! for everyone!**



Come and join Nishiyama-san, our Childcare Support partner. Talk about yourself, your hobbies, your child etc...


W **Chat time! with Childcare Support Partner**



Come and consult our Childcare Support Partner, a consulting specialist, about your child, yourself etc..




R **Workshop! for mums and dads going back to work**



Get tips and advice from working mums. Find out how to juggle work and family, how to make "Me time" etc...

R **Chat Time! for family with both childcare and elderly care**



Are you facing dual care, both childcare and elderly care in the family? If so and if you are feeling stressed, come and chat with us!

R **Events for Dads**



Feel free to join an event time for dads. You can learn tips on how to play with your children, how to read books etc..



There is a LINE group "Papa Smile" for dads to join.


W **Calling Dads!!**



This program started from one dad's wish: "I wish if other dads were here!" It will be held twice a month. There will be craft time too!



Stretch time ~for moms and dads~



Come and join with your kids! (babies can lie down beside you)

R **Music and Movement program in English**



We sing, we dance, we move, we play, and we learn together! There will be lots of music and fun in English!

Participation is possible only once during the period 2026.4-2027.3!

Suitable for:
6 months~



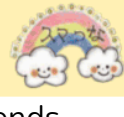
R **Play Time! Parent and Toddlers**



Stimulate your baby's senses through songs and play.


Suitable for: Babies with stable neck up to crawling stage (before walking).

R **Smile (^_^) "Get Connected" Project**




Get Connected and make friends. We will visit play. The dates will differ depending on the area you live.

W **Kids Hour**




We have toys ready for older children. Crafts, music, train sets.

Suitable for:
2 year-olds~




Central Library x Smile Port!



Come and join a tour to the library. The librarian will also come to Smile Port. Find out how to choose books. There will be "story time". We will go and see the mobile library too!

Story Time by volunteer groups



A story time at the end of morning session by volunteer groups; "I love this book (Kono hon daisuki)" and "Po Po Po". 11:30-12:00

W **Story Time**



A short story time at the end of morning and afternoon session. Our staff will read books that little ones can enjoy.



R **Smile GO!! ~Make friends and have fun!~**




Come and make new friends and have fun!! We will join the kids group in Nishi ward.

Suitable for:
Families with 12-24 months and not entering Nursery or Kindergarten.



R **Baby Massage**



This is a massage without using oils. It will help both you and the baby relax.

Participation is possible only once during the period 2026.4-2027.3


Suitable for:
babies until 12months

R **Play time! with Daddy Yoshimoto**




Yoshimoto-san, a volunteer Dad will come and play with your children. Find him wearing a blue apron.

"Smile Port" in the Park




Let's meet and play at the parks near Smile Port. Our staff will be there!

W **Happy Birthday Week**




Let's celebrate together the Birthday children of the month!!

11:45/15:10



W **Let's chat in simple Japanese やさしい にほんごでおしゃべり event**



Event for non-Japanese speakers. We will fold origami, sing Japanese nursery songs, read children book etc...

R **Special event for Non- Japanese speakers event**



We will have a fun event with YOKE (Yokohama Association for International Communication and Exchange)

Every Friday is "Smile Multicultural day"



Our English speaking staff are here to help every Friday.

R **Calling! Children starting Kindergarten from Spring!**




Let's chat about your concerns with other families. There will be fun activity time too!

Suitable for: Children and parents entering Kindergarten from spring, and can attend both two workshops.



R **Play Time! with a Nursery teacher**



A nursery teacher from Rosset Nursery will come and introduce a special exercise for babies. There will also be Q&A time!

R **Twins & Triplets Event**




Let's chat about problems unique to twins and triplets /learn about nursery and kindergarten/ English eurhythmics and others!!

to-be moms and dads are welcome



W **Calling! Supporters & Little Supporters!**



Fun volunteer activity for parents and children! Our activity include physical check ups /cutting out crafts for the displays in the play area etc...

W **N Clap Bakery**



A bakery in Nishi Ward will come to Smile Port! Come and buy your breads here!!

CASH ONLY




Toy Doctor



Bring your toys that needs fixing! Toys, dolls, stuffed animals etc. The "Toy doctor" will fix it!

*Please note that not all can be fixed.



Check our website for more workshops and events !!

★ Programs may postponed or cancelled.

★ Events without reservations may not be able to be attended if the play area is crowded.

