

# 2025 Smile Port program

**(M)** Events held every month  
**(R)** Reservation required

Consultation

Fun event  
with kids

Events for Dads

Events for  
Non Japanese

Chat time

Childrearing  
Support System

Fun with Books

Others

**(M)** Psychotherapist consultation day  
**(R)** (Private session)



Psychotherapist will listen and provide you advise and information about your concerns and anxiety in parenting. You can talk in the play area or in a private room.

**(M)** Midwife consultation day  
**(R)** (Group or private session)



Feel free to ask any questions. Anything from breast feeding, parenting skills, your physical concerns, etc. Expectant moms/dads are also welcome!

**(R)** Nutritionist consultation day  
 (Group session)



Feel free to join the group and ask any questions and concerns you have. When/How to start baby's food...

**(R)** "Raising children is fun!"  
 Come and consult the nursery head teacher. Let's play and have fun.



Feel free to ask any questions. Priority goes to family with children before entering kindergarten, and family living in Nishi Ward.

**(M)** Nursery Concierge consultation day  
**(R)** (Private session)



The Nishi ward's nursery/ education concierge will come and talk about what you'd like to know about nursery, day care, Kindergarten etc..

**(M)** Childcare Support Partner  
**(R)** consultation day on Zoom



You can consult our Childcare Support Partner on Zoom. About your child, yourself or any other worries in parenting etc..

**(R)** "Hello Work" seminar  
 About job and money



You can consult a Navigator from "Mother's Hello Work". The content include life planning, returning to work on maternity leave, working styles, etc.

**(R)** Consultation day  
 for those concerned about their child's development



You can consult the staffs from Yokohama City Central Community Rehabilitation Centre bout any concerns you have about your children with developmental disability or difficulties.

**(M)** Chat time !  
 with Childcare Support Partner



Come and consult our Childcare Support Partner, a specialist for consulting about your child, yourself etc..



**(R)** Chat Time!  
 for mums going back to work!



Get tips and advice from working mums. Find out how to juggle work and family, how to make "Me time" etc...

Smile☆Chat Time



Chat time for families that have concerns about children with developmental disability or difficulties.

**(M)** Smile Debut day  
**(R)** ~for to-be moms and dads~



For families new to Smile Port. Come on the day and we will guide you around the facility.

※For those coming to Smile Port for the first time are welcome to come on other days beside the Debut day.

**(R)** Chat Time  
 for families with children that need support



This is a chat time for families of children born with the disease to exchange information with other families. Chat with other families about daily life, physical developments, kindergarten, school etc.

**(R)** Chat Time!  
 for family with both childcare and elderly care



Are you facing dual care, childcare and elderly care in the family? If so and if you are stressed, come and feel free to talk out!

**(R)** Event for  
 Single parents



Single Parent Support Yokohama events, and chat time with other single mothers and single fathers, are scheduled.

**(R)** Events for Dads



Feel free to join an event time for dads. You can learn tips on how to play with your children, how to read books etc..

**(M)** Smile Mirai day  
**(R)** ~for to-be moms and dads~



Come to Smile Port and chat with the staffs and families and get connected!! We will give you tips on how to bathe and carry a newborn baby.



**(M)** Guidance day for Yokohama  
**(R)** Childrearing Support System



For families wishing to leave their children with a childcare provider, a volunteer support in the community.

You can have your children looked after at Smile Port. Registration is necessary after joining the guidance.



Reservation from here

Calling Dads!!



The program started with the idea from dad's wish "I wish if other dads were here!" It will be held once on weekdays and a Saturday. there will be craft time too!



R

### Stretch time ~for moms and dads~



Come and join with your kids,  
and keep fit!

Suitable for: 6month-12months  
/12months-3year-olds

R

### Smile GO!! ~Workshop series~



Come and join! Make new  
friends and let's have  
fun!! We will join the kids  
group in Nishi ward.

Suitable for:  
12-18 months



R

### Calling! Children starting Kindergarten from this Spring!



Let's chat about your concerns with  
other families.  
There will be fun activity time too!

Suitable for: Children and parents  
entering Kindergarten from spring,  
and can attend both two workshops.

M

R

### Music and Movement program in English



We sing, we dance, we move, we play,  
and we learn together!  
There will be lots of fun in English!

Suitable for:  
6 months~

Participation is possible only once  
during the period 2025.4-2026.3!

R

### Baby Massage



This is a dry massage without using oils.  
It will help both you and the baby relax.

Suitable for:  
babies until  
12months

Participation is possible only once  
during the period 2025.4-2026.3!

### Play Time! with a Nursery teacher



A nursery teacher from Rosset Nursery will  
come and introduce a special exercise for  
babies. There will also be Q&A time!

Suitable for:  
Babies with stable neck

R

### Play Time! Parent and Toddlers



Stimulate your baby's senses through  
songs and play.

Suitable for: Babies with stable neck  
up to crawling stage (before walking).

### Play time ! with Daddy Yoshimoto



Yoshimoto-san, a volunteer Dad will  
come and play with your children.  
Find him wearing a blue apron.

### Twins & Triplets Event



Let's chat about problems unique  
to twins and triplets / learn about nursery  
and kindergarten/ English eurhythmics  
and others!!

to-be moms and dads  
are welcome

R

### Smile (^\_^) "Get Connected" Project



Program for families with first child  
(baby-12months) living in Nishi Ward.  
Get Connected and make friends.

### "Smile Port" in the Park



Let's meet and play at the parks near  
Smile Port. Our staff will be there!

M

### Calling ! Supporters & Little Supporters!



Fun volunteer activity for parents and  
children! Our activity include physical  
check ups / cutting out crafts for the  
displays in the play area etc...

M

### Kids Hour



We have toys ready  
for older children.

For 2 year-olds~



M

### Happy Birthday Week



Let's celebrate  
together  
the Birthday  
children of the  
month!!



M

### N Clap Bakery



A bakery in Nishi Ward will come to  
Smile Port!  
Come and buy your breads here!!

CASH ONLY

### Central Library x Smile Port!



We will take you on a tour to the library.  
A librarian will come to Smile Port. Find out how  
to choose books. There will be "story time".  
We will go and see the mobile library too!

M

### Let's chat in simple Japanese やさしい にほんごで おしゃべり



Event for non-Japanese speakers.  
We will fold origami, sing Japanese  
nursery songs, read children book etc...

### Story Time by volunteer groups



A story time at the end of morning session  
by volunteer groups;  
"I love this book (Kono hon daisuki)"  
and "Po Po Po".

R

### Special event for Non- Japanese speakers



We will have a fun event with YOKE  
(Yokohama Association for International  
Communication and Exchange)

M

### Story Time



A short story time at the end of morning  
and afternoon session.  
Our staff will introduce books that little  
ones can enjoy.

### Every Friday is "Smile Multicultural day"



Our English speaking staff are here to  
help every Friday.

Check our website for more workshops  
and events that are not here!!

- Programs may postponed or cancelled.
- Events without reservations may not be able to be attended if the play area is crowded

